



Santa Barbara County Fire Department
Public Information / Education Office
4410 Cathedral Oaks Rd.
Santa Barbara, Ca. 93110

Fire & Life Safety Information

“Kitchen Fire Safety”

- Pay close attention while cooking food on the top of the stove.
- Frequently check the oven while baking.
- Do not cook if you are sleepy, have been drinking alcohol or if you are on medication that makes you drowsy.
- Keep potholders and other combustible goods off the stovetop.
- Wipe up spills on the stove and oven since built-up grease can catch fire.
- Keep dishtowels and other combustibles away from the stove.
- Turn pot handles inward so they are less likely to be pulled off of the stove.
- Wear a tight fitting shirt or roll up your sleeves while cooking above the stove.
- Keep children and pets several feet away from the cooking area.
- Open micro-waved food slowly and let it cool before consuming.
- Never use a wet or damp oven mitt. A hot pan can turn the dampness into scalding steam.
- Only use one heat-producing appliance in the same electrical circuit at a time.
- Have ground fault circuit interrupters installed on all kitchen counter outlets to prevent shock hazards.
- Replace cracked or frayed appliance cords.
- If an appliance starts to smoke, feel hot or give off a strange odor, unplug it

immediately and have it repaired or replaced.

- If a pan of food catches fire, smother the fire with a lid, turn off the burner and wait until the pan has cooled.
- If there is an oven fire, turn off the heat and keep the door closed.
- If there is a fire in the microwave, unplug it and keep the door closed. Have it serviced before you use it again.
- Remember to report all fires by calling 911, even if you think you have put them out.